

# APPRENTICESHIP SAFEGUARDING & PREVENT

## Student & Apprentice Wellbeing

First Intuition aims to provide a supportive environment and equality of opportunity for students facing difficulties and those who may have experienced problems or concerns.

If you are a Young Carer, known to Social Care, living independently or need general pastoral support, the Safeguarding Team can work closely with you.

See '[Safeguarding Contacts](#)' below for the safeguarding team at your First Intuition centre.

## Safeguarding Explained

Safeguarding or child protection is a process of taking action to protect children (anyone aged under 18) and vulnerable adults from harm.

A safeguarding issue is a serious risk of abuse (physical, sexual, emotional and financial), neglect or any other event that is likely to cause significant harm. It also covers things such as extremism, forced marriage and female genital mutilation.

Where these matters present themselves First Intuition has a duty to take steps to protect its students and apprentices, and will do so professionally using specially trained staff both inside and outside college.

This duty covers young people up to the age of 18 as well as adults who may be vulnerable because of their situation. Therefore to keep everyone safe from harm, regardless of age, little distinction is made between our procedures.

Safeguarding issues can take place anyway, including online and on mobile phones. As a college we treat all matters equally seriously regardless of where they occur.

First Intuition aims to ensure that all our students and apprentices are safe from being abused or harmed in any way. Within college this can include during lessons, social settings (e.g. communal areas) and apprenticeships. Outside of college this can involve any disclosures made to us about things that have happened at home, work or from certain people.

Sometimes the person at college may have to speak to others (including parents or external agencies like the police or social services) in order to deal with the concerns, but we will always try to maintain confidentiality and involve you in the process as much as we can.

Please remember that if you or somebody else is at risk of being harmed in any way then you must tell someone.

Within college this could be:

- Skills Coach
- Tutor
- Safeguarding Officer
- Any other trusted member of staff

## APPRENTICESHIP SAFEGUARDING & PREVENT

### How can the Safeguarding Team help?

#### Pastoral support explained

There may be a time when you need ongoing help, such as emotional support, help with anger or self-esteem issues or exam-stress whilst you are studying. Please contact the relevant FI Safeguarding team for advice and support.

#### Feeling safe at college

The Safeguarding Team are here to make sure you feel safe at FI. If you have any concerns, please contact us. Alternately, you can speak to your tutor or any other staff member, who can then report your concerns for you.

#### Safety at home

If you are feeling unsafe at home, please speak to a member of the Safeguarding Team who will speak with you about your concerns. The team will then work with you to look at what options are available to ensure that you are safe. Depending on the situation and what you feel comfortable with, this may involve calling parents/guardians, police, social care, or anyone else that may be able to help. This is a process that will always involve you to make sure your wishes are heard and respected where possible.

The safety of our students and apprentices is the most important thing to us at First Intuition, so please let us know if there is anything that causes you to feel unsafe so we can make sure the issue gets resolved.

#### Referrals

You don't have to be referred to speak to someone in the Safeguarding Team. Although some students/apprentices will be referred by a tutor or friend, you can make the decision to visit the Safeguarding Team for support yourself.

#### Help with bullying issues

Speak to your tutor, Skills Coach or any FI staff member. They will offer help & support and deal with any bullying issues you may be experiencing.

#### Support for friends/classmates

If you have concerns about the wellbeing or safety of a fellow student or apprentice, please contact us.

#### Support if you live on your own

You can contact the Safeguarding Team for help or support if you live alone, for example in supported or shared accommodation, if you are a care leaver, looked-after-student or are living independently for any reason.

If you are experiencing financial difficulty, the Safeguarding Team and Apprenticeship Team will work together to ensure you have what you need to be ready to learn. We can also speak with any other professionals you are in contact with to ensure everyone is supporting you through your apprenticeship or studies.

#### Homelessness

If you become homeless and are under 18 it is very important that you notify the Safeguarding Team immediately. We can offer help and support and refer you to the appropriate agencies.

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### How can the Safeguarding Team help?

#### Support for young carers

The Safeguarding Team can support you if you consider yourself to be a young carer. You may need additional support and understanding from your tutors with regards to your deadlines, attendance, and any other academic concerns.

The team are happy to communicate with your tutors to ensure you are supported. We can also help point you in the direction of young carer's groups in your local area for specific support.

#### Help if you are in social care

If you are involved with social care for any reason (for example being in foster care, on a child protection plan, a child in need, etc.), please let the Safeguarding Team know so that they can ensure that you have extra support at FI to get through your apprenticeship/studies and anything else that may impact on your education, such as finances, emotional/mental health, family or home life, etc.

We can keep in contact with any professionals that you work with, such as your social worker, to ensure that everyone is supporting you together. If you are in care you can also speak with the Safeguarding Team and Apprenticeship Team, who will ensure that you have access to any equipment or resources that you will need for your apprenticeship.

#### Youth Offenders

If you are known to the Youth Offending Services, it is important that you disclose this to the Safeguarding Team and inform us of your support worker's details. The Safeguarding Team will liaise with your support worker to ensure that you are fully supported.

#### Substance misuse

Please contact the Safeguarding team if you would like any help or advice about concerns you have with drugs, alcohol, or any other substance such as legal highs. The team will be able to support you with looking for services that deal specifically with these issues and the team can help make any referrals with you.

#### Mental health issues

If you are concerned about your emotional or mental health, please contact the Safeguarding Team for help and support. The team offer a friendly, welcoming and non-judgemental approach to supporting anyone who needs help or advice about their mental health. We can offer support by helping you speak to your tutors and by making any referrals to mental health teams outside the college.

#### Tutor referrals

The Safeguarding Team are here to make sure everyone feels safe. Sometimes your tutor will need to refer you to us if they believe you or someone you know is at immediate risk of harm. If you would like, your tutor can stay with you during these conversations. The Safeguarding Team are very supportive and will always keep you involved in any decisions or referrals that need to be made.

The Safeguarding team offers 100% confidentiality, but we would need to say or do something if:

- You ask us to
- We believe your life or someone else's life is in danger
- You tell us that you're seriously harming another young person
- You're being hurt by someone in a position of trust

## E-Safety

We want to ensure you stay safe in all aspects of your life, including online. Here are some things to remember:

- Before posting a photo or video online, ask yourself, would I be happy for someone to edit or share this? If the answer is no, then don't post it. Once it's posted or shared, you can't get it back.
- Be mindful of what you say and do online - posting threats or abuse could cause serious emotional harm to someone and might get you into trouble. If you wouldn't say it to someone's face, don't post it.
- Live streams can be recorded, so be careful what you say and do when broadcasting.
- Be aware that people are not always who they say they are. Be careful how much you share and don't meet up with them alone.
- Be careful about sharing personal details to your online friends. That might include your Skype, email address, mobile number and any pictures of you, your family or friends.
- Be critical of information you see online and be aware of 'fake news'. Fact check information and be aware of hidden agendas of those sharing such information.
- Watch out for people trying to attract you into extreme thoughts and ideas. Many extremist groups groom and recruit using social media.
- Not everything you see is a true reflection of reality. Don't get hung up on posts about people's 'perfect' lives or bodies.
- Don't open files from people you don't know; it could be a virus, something that gets access to all your information or something inappropriate.
- Spam/Junk email & texts: don't believe it, reply to it or use it.

It's never too late to tell someone if something makes you feel uncomfortable or you are worried you may have got yourself into a worrying situation.

Report online abuse or speak to a member of staff.

The following sites provide excellent advice that's worth reading.

Report Abuse

<https://www.ceop.police.uk/safety-centre/>

Cyber Bullying

<https://www.bullying.co.uk/cyberbullying/>

Childnet

<https://www.childnet.com/>

Think You Know

<https://www.thinkuknow.co.uk/>

# APPRENTICESHIP SAFEGUARDING & PREVENT

## Helpful Links

### Samaritans

Loneliness, suicide, bereavement

<https://www.samaritans.org/>

Tel: [116 123](tel:116123)

### Shelter

Homelessness, issues with housing or renting, benefits, council housing

<https://england.shelter.org.uk/>

Tel: [0808 800 4444](tel:08088004444)

Call number if:

- you have nowhere to sleep, or might be homeless soon
- you have somewhere to sleep, but nowhere to call home
- you are/could be at risk of harm

### Mind

Mental health worries, advice about treatment

<https://www.mind.org.uk/>

Tel: [03001233393](tel:03001233393)

### ACAS

Employer and employee rights, workplace problems

<https://www.acas.org.uk/>

Tel: [03001231100](tel:03001231100)

### Refuge

Domestic violence against women and children

<https://www.refuge.org.uk/>

Tel: [08082000247](tel:08082000247)

### Men's Advice Line (Respect)

Domestic violence against men

<https://mensadvice.org.uk/>

Tel: [08088010327](tel:08088010327)

### Talk to Frank

Information about drugs, drug addiction

<https://www.talktofrank.com/>

Tel: [03001236600](tel:03001236600)

### Alcoholics Anonymous (AA)

Information about drinking, alcohol addiction

<http://www.alcoholics-anonymous.org.uk>

Tel: [08009177650](tel:08009177650)

### Gamblers Anonymous

Information about gambling, gambling addiction

<https://www.gamblersanonymous.org.uk/>

Tel: [03300940322](tel:03300940322)

### Safeline

Sexual abuse, rape, preventing sexual exploitation of children

<https://www.safeline.org.uk/>

Helplines:

Women: [08088029999](tel:08088029999)

Men: [08088005005](tel:08088005005)

Young people: [08088005007](tel:08088005007)

# APPRENTICESHIP SAFEGUARDING & PREVENT

## Safeguarding Team Contacts

Please contact the safeguarding team for your FI centre:

### BRISTOL

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